

Joy Comes From The Soul

Part I - Pilot Phase

Verses To Think About

1. Nehemiah 8:10
2. 2 John 1:12
3. Philippians 4:4

Joy is a bit of a harder topic because it has to do with attitude. Now unless you are very highly conscious about yourself, then I'm guessing you're not thinking about the way you act 24/7. Having joy and being a joyful person is a habit.

I am a very big on the fact that Christians should be walking in the light as the Bible says He (Jesus) is in the light. So don't be huffing and puffing when I say that being joyful shouldn't be that hard. Spiritually we need to be joyful. That doesn't mean that we have to be ultimately perfect in all of the things that we do. It just means growing in patience, growing in kindness, and rejoicing always in everything. 2 John 1:12 tells us that our joy should be full.

"Having many things to write unto you, I would not write with paper and ink: but I trust to come unto you, and speak face to face, that our joy may be full."

If we are truly in and have an intimate relationship with our Father, joy will be easier to accomplish. The basis of being a Christian is to go out and do the will of the Father, but we can't fully do that if we're yelling at someone and cursing people out, or getting mad when someone cuts you off. Being a teenager in today's society is hard. Many of us are doing things that don't make us happy or joyful, instead we think that starving ourselves and having the perfect (unhealthy) body is the way to happiness. The 'who's making the most money' or 'who is dating who'. None of that stuff is going to bring the peace that we beg for. Philippians 4:13 says tells us that I can do all things in Christ because HE gives me strength. Well, joy is a part of that strength. As it says in Nehemiah 8:10, "...the joy of the Lord is your strength". If we aren't known as joyful we can't be peculiar in the world's eye. That's what a Christian is supposed to represent; love, peace, hope, joy (AKA THE FRUIT OF THE SPIRIT).

You want people to look at you and say 'what's so different about you?' 'I want the joy you have'.

I write these little lessons in hopes to water some seeds in y'all's soul. Too many people, including Christians, are so unhappy. Now don't get me wrong, **no one** is perfect, but we can't be a good person apart from the Lord. Everyone has a hard life, some harder than others, but if you're having a hard time showing love and joy to everyone.. You need to lean on the Lord. Being **in** the Lord is rejoicing and having joy. Even through the trials and tribulations. Romans 8:28 tells us that all things work together for God that is in God's name. So truly chew on that verse and find the good. We need to give ourselves daily and have Christ be apart of our daily lives. If we are in Christ we shouldn't have a problem, for Paul says he dies daily to continue and fulfill the will of the Father. The flesh is negative, sour, and will take you away from God. It's time to stop putting Jesus as our 'co-pilot' and putting him as the pilot.

That is why it is important to change your attitude. Unless you're perfect, don't go out criticizing people, don't be so negative that people are surprised when you say you're a Christian. Philippians 4:4 tells us to rejoice always. Put your foot in the right place and get in the word. Become a joyful Christian for you are saved and given eternal life.